

## FACT SHEET

### CEILINGS

Using a paint roller for the body of the ceiling will save time and eliminate the need to stand on ladders for long periods. Use a brush for hard to reach corners and tricky angles. Remember to use a quality drop sheet.

When using water-based or acrylic paint, paint a narrow strip around the perimeter of the ceiling, then fill in the centre.

If using solvent-based paint work across the narrow area of the ceiling. This will eliminate any lap marks that may appear. Start in a corner and paint a narrow strip

of the same width, working from the unpainted area into the still wet area.

When you get to areas near the wall, a brush and a paint guard will make a smooth finish to the painted surface.

Be sure to wash all surfaces before painting, using a mild detergent and water.

Always follow the manufacturer's advice and consider the environment – selecting water-based paints which not only have a lower smell but also release much less Volatile Organic Compounds into the air.